

LIGHTNING STRIKE & ELECTRIC SHOCK SURVIVORS INTL. INC.

1ST VIRTUAL CONFERENCE



"WHERE HOPE BEGINS AND SURVIVORS MEET"

When: February 27th, 28th, 2021

Where: *Virtual Zoom Webinar Online*

Why?: LSESSI meets as a group twice yearly to welcome and help new members on the road to recovery. Current and past members are always welcome as well as other interested parties. With the advent of COVID it has become impossible and unsafe to meet in person as a group. Hopefully, with the COVID Vaccine release this will change in the near future.

We recognize the continual need for supportive outreach to survivors and their families and caregivers trying to find resources and help to recover. In that light we have endeavored to create a virtual interactive conference, where attendees can ask questions and interact with speakers. While we know it will not be the same as being all together, our hope is to help new survivors find the guidance, help and support they need. And for seasoned members we will try to provide the comradery we experience at conference, and in helping others. More information will follow shortly with the required links for accessing the event. If you have questions, concerns or suggestions, we would be happy to hear from you please email: jsegneri@lightning-strike.org . We hope to see you online and in person in 2021!

Event Schedule:

Saturday, Feb 27th Speakers Topics:

9:00 am - **Navigating thru Recovery! Jim Segneri**

10:00 am - **What does a Neurologist do? Dr. Phil Yarnell**

11:00 pm - **PTSD, understanding the signs, getting help. TBA**

1:30 pm - **How to be safe during dangerous weather. Chris White, Meteorologist**

2:30 pm – **Caregiving and Family Support - Todd Heptinstall**

Sunday, Feb 28th Support groups:

Survivors Men's group: 1pm

Survivors Ladies group: 1 pm

Caregivers/Family: 3 pm